

Inspiring Children Through Golf

The Rising Stars Golf National Schools Programme introduces children to golf in a fun, safe and inclusive environment. Delivered by PGA Professionals, the programme is designed to develop confidence, coordination, teamwork and a lifelong enjoyment of physical activity.

Suitable for children of all abilities, sessions are carefully structured to ensure every participant enjoys a positive first experience of golf.

PROGRAMME HIGHLIGHTS

- ✓ Fully Structured Coaching Programme
- ✓ Delivered by Experienced PGA Professionals
- ✓ All Equipment Provided
- ✓ Safe, Inclusive & Age-Appropriate Activities
- ✓ Flexible Delivery Within the School Day
- ✓ Suitable for Indoor & Outdoor Facilities
- ✓ Public Liability Insurance
- ✓ Garda Vetted Coaching Personnel

PROGRAMME OPTIONS

- One-Day Golf Experience
- 4 Week Programme
- 5 Week Programme
- 6 Week Programme

Programmes can be tailored to suit your school's timetable, year groups and available facilities.

LEARNING OUTCOMES

The programme helps pupils to:

- Build confidence and self-belief.
- Develop balance, coordination and movement skills.
- Improve concentration and decision-making.
- Learn teamwork, respect and sportsmanship.
- Develop a positive introduction to golf while encouraging lifelong participation in sport.

THE FOUR CONSTANTS

Every Rising Stars Golf programme is built around four key principles:

Coach – Qualified PGA Professional coaching.

Equipment – All equipment supplied by AWGolf.

Curriculum – Structured, progressive lesson plans.

Progression – Activities designed to develop skills and confidence each week.

GETTING STARTED

1. Review the Structure & Pricing Guide.
2. Complete the Enquiry Form.
3. Receive your personalised quotation.
4. Confirm your booking.
5. Enjoy your Rising Stars Golf Programme.

To discuss your school's requirements, please contact Adrian Whitehead Golf or complete the Enquiry Form available within this information pack.